

Your local  
WALKfromOBESITY™  
event contact information



**WALKfromOBESITY™**  
Prevention, Education, Research & Treatment

*Join Us!*

Please visit  
[www.walkfromobesity.com](http://www.walkfromobesity.com)  
and click on the  
“Join a Walk”  
link for more information  
about a Walk near you.

[www.walkfromobesity.com](http://www.walkfromobesity.com)

**The American Society for Metabolic and Bariatric Surgery Foundation  
and Obesity Action Coalition’s WALKfromOBESITY™**

In cities across the United States, individuals affected by obesity, along with family and friends of those affected, healthcare professionals and many others will come together and proudly walk to raise awareness of the disease of obesity, childhood obesity and morbid obesity in the Annual *Walk from Obesity*.

The American Society for Metabolic and Bariatric Surgery (ASMBS) Foundation and Obesity Action Coalition’s (OAC) *Walk from Obesity* is the only national event that joins together those impacted by obesity.

**Participating in the WALKfromOBESITY™**

The Annual *Walk from Obesity* welcomes all types of individuals to participate. Participants include those who have successfully treated their obesity, family members, friends of patients, those who continually struggle with obesity and members of the public who are interested in advancing the cause of fighting obesity.



**Raising Money for the WALKfromOBESITY™**

Walkers raise money by asking friends, family and co-workers to sponsor them. In addition to walker income, funds are raised through corporate contributions, matching gifts, commemorative giving and other fundraising activities.

The funds raised through this event support the ASMBS Foundation and the OAC’s independent educational missions and fund programs focused on research, education and advocacy for all those affected by obesity.

**About Obesity**

Obesity is a serious health epidemic that affects one in three Americans. It is estimated that more than 90 million Americans are obese, with that number predicted to climb to 120 million in the next five years.

Obesity is a condition characterized by excessive body fat, defined by genetic and environmental factors that are difficult to control with dieting. Obesity increases the likelihood of certain diseases and other related health problems.

**ASMBS Foundation**  
[www.asmbfoundation.org](http://www.asmbfoundation.org)

In 1997, members of the American Society for Metabolic and Bariatric Surgery (ASMBS) formed the ASMBS Foundation, a non-profit 501(c)(3) organization dedicated to raising funds to help support obesity research and to increase professional and public awareness of bariatric surgery and its role in treating the devastating disease of morbid obesity.

**Obesity Action Coalition**  
[www.obesityaction.org](http://www.obesityaction.org)

In 2005, the Obesity Action Coalition (OAC) was created as a 501(c)(3) organization to educate and advocate on behalf of those affected by obesity. As a grassroots organization, the reason and need for the OAC’s formation was to bring together the individuals who are impacted by obesity and to give them the tools necessary to improve their quality of health and life.

*“Partnering to improve the lives of all of those affected by obesity through education, research and advocacy.”*



WALKfromOBESITY™  
ASMBS Foundation  
100 SW 75th Street, Suite 201  
Gainesville, FL 32607  
Toll Free: 866.471.2727  
Fax: 352.331.4975



[www.walkfromobesity.com](http://www.walkfromobesity.com)

**Why is the WALKfromOBESITY™ a needed Event?**

Our society is experiencing an obesity epidemic. The obese are at increased risk for other life-threatening diseases including type II diabetes and heart disease, at a cost of \$117 billion every year. The *Walk from Obesity* is a national effort that increases public awareness of the disease of obesity, its numerous physical and emotional consequences and the available treatments.

**Who can participate in the WALKfromOBESITY™?**

The Walk is open to anyone who would like to participate, including those who have successfully treated their obesity, those who continually struggle with obesity, family members and friends of patients, healthcare professionals and members of local communities who are interested in advancing the cause of fighting obesity.

**How does the money raised from the Walk fight obesity?**

The *Walk from Obesity* raises money for:

- Funding research
- Increasing education
- Raising awareness of obesity and its treatments
- Conducting advocacy
- Eliminating weight stigma
- Supporting community initiatives

**How do I register to participate in a Walk?**

Please visit [www.walkfromobesity.com](http://www.walkfromobesity.com) and click on "Join a Walk," or contact your local Walk leader (contact information located on the back page of this brochure).

**How much does it cost to participate?**

The registration fee is \$25 per person to participate in the Walk. The fee includes your event registration and one official *Walk from Obesity* T-shirt. You are also encouraged to ask individuals or companies to sponsor you in the Walk.

Just think, if you ask five friends for a \$5 donation, you could walk for free! If you are unable to participate, you can still make a donation by visiting our website at [www.walkfromobesity.com](http://www.walkfromobesity.com) and clicking on "Make a Donation," or contact your local Walk leader (contact information located on the back page of this brochure).

**Why should I participate?**

The *Walk from Obesity* is the only event that brings together those who are directly affected by the disease of obesity. Participating in this event is key to drawing attention to the disease of obesity and the need for treatment and prevention efforts. The event is fun, a great way to exercise and raises money for a worthwhile cause!



**Register Online at [www.walkfromobesity.com](http://www.walkfromobesity.com):**

To register online, select a Walk location under the "Join a Walk" section. Participants may pay securely with a credit card, or may print the online donation form.

**Register by Mail:**

1. Complete the form and mail with your \$25 check (made payable to ASMBFS Foundation) to:  
Walk from Obesity, 100 SW 75th St., Suite 201, Gainesville, FL 32607
2. Raise funds and recruit others: Try to set a goal of at least \$100 (that's only 10 donations of \$10). Children 12 & under register free.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Walk Location: \_\_\_\_\_

Team Name: \_\_\_\_\_  
 Each Walk registrant receives a *Walk from Obesity* T-shirt.  
 Below, please select your preferred T-shirt size  
 T-shirt Size:  S  M  L  XL  XXL  3XL  4XL

**THE WALK FROM OBESITY RELEASE AND WAIVER OF LIABILITY AGREEMENT**  
 The undersigned participant ("Participant") in the Walk From Obesity ("Walk") hereby represents and warrants that he/she is in good physical condition and is able to safely participate in the Walk. Participant is fully aware of the risks and hazards inherent in participating in the Walk and hereby elects to voluntarily participate in the Walk, knowing the risks associated with the Walk. Participant hereby assumes all risks of loss, damages, or injury that may be sustained by him/her while participating in the Walk. Participant, on behalf of himself/herself and his or her personal representatives, assigns, heirs, and executors, hereby fully and forever releases, waives, and discharges the ASMBFS Foundation, Inc. and any and all Walk sponsors, and their respective officers, directors, members, agents and local event coordinators (collectively "Releases"), from any and all liability to the Participant and/or his/her personal representatives, assigns, heirs and executors, related to or arising out of Participant's participation in the Walk, including without limitation any losses, claims, demands or liabilities resulting from or on account of personal injury or death to the Participant or property damage, whether caused by the active or passive negligence of all or any of the Releases or otherwise.

Participant hereby agrees to the use of his or her name, photograph and likeness in broadcasts, newspapers, brochures, videos, websites and other media for any purpose without compensation. Participant acknowledges that the entry fee is non-refundable and non-transferable. In the event the Walk is delayed or prevented by reason of weather, labor difficulty, work stoppage, insurrection, war, terrorist activity, public disaster, flood, unavoidable casualty, acts of God or the elements (including without limitation, hurricanes, tornadoes, earthquakes), or any other cause beyond the control of the ASMBFS Foundation, Inc. and the Obesity Action Coalition, Inc., there shall be no refund of the entry fee or any other costs of the Participant in connection with the Walk. Participant hereby authorizes emergency medical treatment as needed. Participant acknowledges and understands that Participant's agreement to the foregoing terms is given in consideration of Releases permitting Participant to participate in the Walk. PARTICIPANT HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.

The ASMBFS Foundation, Inc. and Obesity Action Coalition, Inc. respect the privacy of our Participants and Donors. Your contact information including name, address and e-mail are shared between the two organizations (ASMBFS Foundation, Inc. and Obesity Action Coalition, Inc.) but are not sold, distributed or provided to others. You may opt-out of any mailings from the Walk, ASMBFS Foundation, Inc. and/or Obesity Action Coalition, Inc. by sending your request to opt-out including your name, address and e-mail to: 100 SW 75th St, Suite 201, Gainesville, FL 32607.

IF PARTICIPANT IS UNDER AGE 18: This application must be acknowledged and submitted by Participant's parent or legal guardian. By submitting this application, such parent or legal guardian certifies and acknowledges that Participant has permission to participate in the Walk, that the parent or guardian has read the above RELEASE AND WAIVER OF LIABILITY AGREEMENT, that the parent or guardian intentionally and voluntarily agrees to the above terms and conditions, and that Participant is in good physical condition and is able to safely participate in the Walk. The parent or guardian hereby authorizes emergency medical treatment for Participant as needed.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Platinum Sponsors**



**Silver Sponsors**



**Bronze Sponsors**

