



Why Walk from Obesity?

In the United States more than **93 MILLION** individuals are affected by obesity. Those affected by obesity are at an increased risk for other life-threatening conditions including:

- Diabetes
- Heart Disease
- Stroke
- Sleep Apnea
- Some Cancers
(endometrial, breast, and colon)
- and much more

The ASMBS Foundation's *Walk from Obesity*SM is the only national walkathon that brings attention to the disease of obesity by raising awareness in communities all over the country.

The *Walk from Obesity*SM is also a fundraising event to support the ASMBS Foundation's mission to raise funds for obesity research, education, and access to quality treatment.

All *Walk from Obesity*SM events are at a "set your own" pace, and are non-competitive. Participants are encouraged to walk or run as much or as little as they like.

Whether you are an individual struggling with obesity, successfully treated your obesity, know someone affected by obesity, or are interested in supporting the fight against obesity, we welcome you to join us as we *Walk from Obesity*SM.

Your Local Event Contact Information

Find Details About Your Local Event at:
www.WalkfromObesity.com/events



Raising #Awareness of #Obesity

REGISTER ONLINE TODAY
www.WalkfromObesity.com



The *Walk from Obesity*SM is an awareness and fundraising campaign of the American Society for Metabolic and Bariatric Surgery (ASMBS) Foundation.

ASMBS Foundation
100 SW 75th Street, Suite 201
Gainesville FL, 32607
1-866-471-2727

Walk
from **OBESITY**SM
+ Fitness Fun Run

Check online to see if
your local event offers
a Fitness Fun Run





Motivate.

Donate.

Educate.

Registering for an Event

Registration is fast and easy! To register for an event, visit www.WalkfromObesity.com/events

When registering online, you can register as an individual, join a team, or start your own!

REGISTRATION TYPE	PRICE
Early Bird*	\$10 - \$20
Online	\$25
On-site	\$35 - Cash Only
Children under the age of 12	FREE with registered adult

* Early Bird Registration is only offered for a short period of time before the event date. Most events, but not all, offer this type of registration. To see if your local event offers Early Bird Registration check the event's online fundraising page.

Registration Includes:

- Your entry to participate in the event
- Keepsake Walk from ObesitySM T-shirt
- Personal fundraising web page (online registrations only)

Take It One "Step" Further

We encourage you to take your support for the Walk from ObesitySM a step further by fundraising for your local event. Ask your family, friends, and colleagues to support you, or your team, by making a donation. Pledge forms and fundraising tools can be found on your local event's online fundraising page.

Win great prizes when you raise funds for your local event! Visit www.WalkfromObesity.com/prizes to learn more about the Walk from ObesitySM Fundraising Incentive Program.

There are also many other ways to get involved! Please contact your local Event Leader if you would like to:

- Volunteer
- Rent a vendor booth for your company
- Donate a raffle prize
- Form a corporate team
- Host a fundraising activity

Event Leader contact information can be found on the back of this brochure, or on the online event page.

Our Mission

The American Society for Metabolic and Bariatric Surgery (ASMBS) Foundation is a 501(c)(3), non-profit organization that seeks to lessen the health and economic consequences of obesity. Funds raised through the ASMBS Foundation's Walk from ObesitySM campaign help support the mission of the Foundation:

- **Raise funds** that directly support critical research and education about obesity, severe obesity, and the surgical treatment of obesity.
- **Increase scientific and public awareness and understanding** of obesity as a disease and that treatment of obesity and severe obesity can prevent, improve, or resolve many metabolic diseases including type 2 diabetes and prevent others such as cancer and heart disease.
- **Improve access to quality care and treatment** for Americans with obesity and severe obesity by eliminating policy, societal, economic and medical barriers that deny people appropriate treatment and support.

JOIN THE CONVERSATION

Follow the Walk from Obesity on all of your favorite social media networks @walkfromobesity



BECOME A LOCAL SPONSOR

Learn more about becoming a Local Sponsor at www.walkfromobesity.com/localsponsor

LEARN MORE ABOUT THE FOUNDATION

To learn more about the ASMBS Foundation and how you can get involved visit www.ASMBSFoundation.org