

Why Walk from Obesity?

In the United States more than **93 MILLION** individuals are affected by obesity. Obesity can decrease an individual's life expectancy by 7-14 years, and increases the risk for other life threatening conditions such as:

- Diabetes
- Heart Disease
- Stroke
- Sleep Apnea
- Some Cancers (endometrial, breast, and colon)
- and much more

The ASMBS Foundation's Walk from ObesitySM is the only national walkathon that brings attention to the disease of obesity and medical treatment options by raising awareness in communities all over the country.

The Walk from ObesitySM is a "set your own" pace, non-competitive event. We encourage you to walk or run as little or as much as you'd like.

Whether you are struggling with obesity, are undergoing treatment, know someone affected, or are simply interested in supporting the fight against obesity, we welcome you to join us as we take steps to Walk from ObesitySM!

EVENT DETAILS

Find More Details About Your Local Event at:
www.WalkfromObesity.com/events



The Walk from ObesitySM is an awareness and fundraising campaign of the American Society for Metabolic and Bariatric Surgery (ASMBS) Foundation.

ASMBS Foundation
100 SW 75th Street, Suite 201
Gainesville FL, 32607
1-866-471-2727

WHY DO YOU WALK?

*My bariatric surgeon,
nurses, and nutritionists
saved my life!*

*I want to see my
patients succeed!*

*Weight loss surgery
enabled me to enjoy my life!*

*Obesity has affected
my family*

*Losing weight
benefits my health*

REGISTER ONLINE TODAY

www.WalkfromObesity.com



REGISTRATION

Registering Online is Fast and Easy!

To register for an event, visit
www.WalkfromObesity.com/events

When registering online, you can register as an individual, join a team, or start your own!

REGISTRATION TYPE	DONATION AMOUNT
Early Bird	Please check online
Online	\$25
On-site	\$35 (Cash Only)
Children under the age of 12	FREE with registered adult

EARLY BIRD REGISTRATION

For a short period of time before the event date we will offer a discounted rate. Most events, but not all, offer this type of registration. To see if your local event offers Early Bird Registration check the event's online registration and fundraising page.

REGISTRATION INCLUDES:

- Your entry to participate in the event
- Keepsake Walk from ObesitySM T-shirt and bag
- Customizable participant page (online registrations only)



Some events include a non-competitive Fun Run option. Visit your local Walk's online registration page to learn more.

SUPPORT THE CAUSE

Take your support a step further by fundraising for the Walk from ObesitySM. Funds raised support:

- National obesity awareness events like your local Walk
- Medical research for lifesaving obesity treatments
- Access to quality care for those who need it most

All funds raised are 100% tax deductible as allowed by law.

WIN GREAT PRIZES!

To show you our appreciation for your support, we give prizes for your fundraising effort. Visit your local event's registration page to learn more about our Fundraising Incentive Program.

GET INVOLVED

There are also many other ways to get involved in your local Walk from ObesitySM event. Please contact your local Event Leader if you would like to:

- Volunteer
- Exhibit for your company
- Donate a raffle prize
- Form a corporate team
- Host a fundraising activity

OUR MISSION

The Walk from ObesitySM is an awareness and fundraising program of the American Society for Metabolic & Bariatric Surgery (ASMBS) Foundation, a 501(c)(3) nonprofit.

The funds raised through this program support the mission of the Foundation.

- Raise funds that directly support critical research and education about obesity, severe obesity, and the surgical treatment of obesity.
- Increase scientific and public awareness and understanding of obesity as a disease and that treatment of obesity and severe obesity can prevent, improve, or resolve many metabolic diseases including type 2 diabetes and prevent others such as cancer and heart disease.
- Improve access to quality care and treatment for Americans with obesity and severe obesity by eliminating policy, societal, economic and medical barriers that deny people appropriate treatment and support.

Learn more about the ASMBS Foundation at www.ASMBSFoundation.org

STAY CONNECTED

@walkfromobesity



SPONSOR

Learn more about becoming a Local Sponsor at www.walkfromobesity.com/localsponsor

